

LIVE AND LEARN FAMILY NEWS JULY 10, 2017

Upcoming Field Trips!

Tuesday July 11th:

Older Camp: Fort Foster

Swimming & Field Day, Full Day Field Trip 9:30am - 4pm

Wednesday July 12th:

Younger Camp: Bear Brook State Park

Swimming & Hiking 8:30am - 12:30pm

Thursday July 13th:

Preschool & Kindergarten: Wildlife Encounters

Madbury Town Hall 9:45am - 11:45am

Our next Stay-N-Play will be Tuesday July 18th from 3:30 - 4:45.

There will be Garden fun, Hay Rides, an Ice Cream Smorgasbord (3:30-4:15) and more!

Please WELCOME Audrey (Rising Hawk), Anna (Rising Hawk), and Meredith (Preschool & Kindergarten) to the Live and Learn Family.

We're Happy You're Here



For all those who signed up, Swim Lessons start Monday July 10th. Please make sure that your child has their bathing suit, towel, and sunscreen applied. Swim lessons will be located at Constable Road and children will be



Director/OwnerJohanna
Booth-Miner

Co-DirectorSarah Miner, M.Ed.

Address 114 Mast Road Lee NH 03861

Phone 659-5047

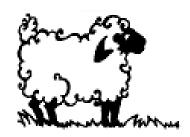
Fax 659-7908 *call first*

Rising Hawk Cell Phone 231-5099

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Tax ID #02-0335768



Gerry's Kitchen

Sweet Treat!

Ingredients:

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- 1 1/2 Cups Plain Greek Yogurt (0% or 2%)
- 1 teaspoon Ground Cinnamon (or more to taste)
- 3 Tablespoons Honey
- 1/3 Cup Walnuts, Chopped (Optional)

Optional Accompaniments:

Fresh or dried berries, diced bananas, kiwis, mango, or granola

Directions:

- 1. Place all the ingredients in a bowl and stir to combine.
- Serve with the optional accompaniments as desired.



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